Personal Packing List For
Apostle Islands Camp and Kayak

This packing list is meant to help you decide what to bring and how to pack for your trip. You may not use all of the items on this list but you must be prepared for a wide variety of conditions. Please bring all of the items on the list and any other optional clothing and equipment you choose.

It is best to bring your gear to your meeting place in a small duffel bag or soft sided suitcase; pack lightly. Your personal gear will remain in camp on this trip, so you don't need to worry about waterproof bags.

CLOTHING, OUTERWEAR AND GEAR:

__ Waterproof Jacket & Pants – Must be sturdy to withstand wilderness conditions.
__ Pants – 1 pair of quick drying nylon or other synthetic pants.
__ Insulating Tops – 1 heavy sweater or fleece jacket, 1 lighter top made of fleece or wool.
__ Long Sleeve Shirt – 1 lightweight shirt for protection from bugs and sun.
__ T-shirts – 2-3 quick drying synthetics are best, cotton is okay.
__ Long Underwear – Tops and bottoms made of polypropylene or other synthetic. Try to avoid cotton.
__ Shorts – 2 pairs, at least one pair should be made of quick drying nylon and can double as a swimsuit.
__ Underwear – Enough underwear to keep you happy.
__ Wetsuit Underlayer – WI will provide you with a wetsuit. Bring a swimsuit or shorts to wear under the wetsuit.
__ Wetsuit Overshorts - 1 pair of shorts that can get wet and is large enough to fit over a wetsuit to help prevent abrasion.
__ Wet-Shoes – One pair of durable, closed-toed shoes to be worn while kayaking or in the water. Keens are good, old tennis shoes work too.
__ Camp Shoes – One pair of shoes to be used when off the water around camp.
__ Socks – 2-3 pair of wool or polypropylene are best, cotton will not keep you warm if wet.
__ Sun Hat and Warm Hat – One to protect from rain and sun. One warm stocking cap for cool weather.
__ Sleeping Bag – 3-season synthetic fill sleeping bag with nylon stuff sack. No cotton or flannel bags.
__ Ground Pad – Ensolite ground pad or Therm-a-Rest inflatable type.
__ Water Bottle – Plastic or metal water bottle or canteen.
__ Flashlight or Headlamp – Bring extra batteries. Keep it small and light.

__ Sunglasses – A sports strap to hold them on is helpful.

__ Small Day Pack or Dry Bag – A small day pack or dry bag to carry items you'll need during the day.

__ Toiletries – Toothbrush, toothpaste, soap, etc.

__ Sunscreen & Lip balm – Make sure it is at least 15 SPF.

__ Medications – If losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup. Store in waterproof containers.

__ Insect Repellent – Avoid using aerosol cans.

__ Bandanas – 2-3 bandanas used for a variety of things including marking your bags, washing up, etc.

__ Money – You are responsible for meals, maps, souvenirs, etc. while on the road.

**OPTIONAL CLOTHING AND EQUIPMENT:**

__ Small Pocket Knife

__ Gloves – One pair of lightweight wool or synthetic.

__ Fishing Pole – Collapsible poles and small tackle boxes are best. Don't forget your Wisconsin fishing license.

__ Diary/Book

__ Camera – Store in padded, waterproof/plastic bag or container.

__ Change of Clothes – For the ride home (packed separately and left in the van).

__ Several Plastic Bags – They always come in handy, especially to organize your gear.

__ Towel – Small and synthetic is best.